

## APPENDIX A

The following are a list of community resources for Kyle and his family, addressing various aspects of his condition and the family's needs. Some of these resources may be directly accessed by Kyle, while others are designed to support his parents or involve the entire family. The list of resources covers a range of services, including therapy, counseling, support groups. This comprehensive list aims to provide the best possible support for Kyle and his family as they work together to manage his conduct disorder.

### Mental Health and Counseling Services

Valley Psychological Services	
<b>Website link:</b>	<a href="https://www.valleypsych.ca/">https://www.valleypsych.ca/</a>
<b>Description:</b>	Valley Psychological Services is a registered psychologist center in Chilliwack that provides professional help for mental health issues.
<b>Contact Info:</b>	(604) 795-5586
<b>Relevance:</b>	Kyle can benefit from their services if he needs professional help for his conduct disorder.

Chilliwack Mental Health and Substance Use Centre	
<b>Website link:</b>	<a href="https://www.fraserhealth.ca/Service-Directory/Locations/Chilliwack/chilliwack-mental-health-centre#.ZDaSE-bMJPY">https://www.fraserhealth.ca/Service-Directory/Locations/Chilliwack/chilliwack-mental-health-centre#.ZDaSE-bMJPY</a>
<b>Description:</b>	Chilliwack Mental Health and Substance Use Centre provides mental health and substance use services.
<b>Contact Info:</b>	604-702-4860
<b>Relevance:</b>	They can help Kyle if he needs support in these areas related to his conduct disorder.

Chilliwack Youth Health Centre	
<b>Website link:</b>	<a href="https://chilliwackyhc.com/">https://chilliwackyhc.com/</a>
<b>Contact Info:</b>	604-819-4603
<b>Description:</b>	Chilliwack Youth Health Centre provides resources for youth such as mental health support, sexual health support, and substance use support.
<b>Relevance:</b>	They can help Kyle if he needs someone to talk to about personal issues related to his conduct disorder.

## Chilliwack School District - Student Services

<b>Website link:</b>	<a href="https://www.sd33.bc.ca/student-services">https://www.sd33.bc.ca/student-services</a>
<b>Description:</b>	Provides support services for students in the Chilliwack School District, including mental health and counselling services.
<b>Contact Info:</b>	604-792-1255
<b>Eligibility Criteria:</b>	Available for students in the Chilliwack School District.
<b>Relevance:</b>	Kyle can benefit from this program by accessing mental health and counselling services through his school.

## Foundry Chilliwack

<b>Website link:</b>	<a href="https://foundrybc.ca/">https://foundrybc.ca/</a>
<b>Description:</b>	Offers integrated youth services, including mental health support, primary care, substance use services, and social services for young people aged 12-24.
<b>Contact Info:</b>	604-746-3392
<b>Eligibility Criteria:</b>	Available for youth aged 12-24.
<b>Relevance:</b>	Kyle can benefit from this program by accessing comprehensive support services for his conduct disorder.

## Child and Youth Mental Health (CYMH) - Ministry of Children and Family Development

<b>Website link:</b>	<a href="https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/child-teen-mental-health">https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/child-teen-mental-health</a>
<b>Description:</b>	Provides a range of specialized mental health services for children, youth, and their families, including assessment, treatment, and support.
<b>Contact Info:</b>	604-702-2311
<b>Eligibility Criteria:</b>	Available for children and youth up to age 18 and their families.
<b>Relevance:</b>	Kyle can benefit from this program by receiving specialized mental health services for his conduct disorder.

## Family Support and Parenting Resources

### Chilliwack Society for Community Living (CSCL)

<b>Website link:</b>	<a href="https://cscl.org">https://cscl.org</a>
<b>Description:</b>	Provides support and services for individuals with developmental disabilities and their families, including community inclusion programs, employment services, and respite care.
<b>Contact Info:</b>	604-846-7777, info@cscl.org
<b>Eligibility Criteria:</b>	Available for individuals with developmental disabilities and their families.
<b>Relevance:</b>	Kyle can benefit from this program if his conduct disorder is associated with a developmental disability.

## Educational Support and Skill Development

### The Chilliwack Learning Society

<b>Website link:</b>	<a href="https://chilliwacklearning.com/">https://chilliwacklearning.com/</a>
<b>Description:</b>	Provides educational programs and services for individuals with learning disabilities, including tutoring, life skills training, and employment support.
<b>Contact Info:</b>	604-392-2404, info@chilliwacklearning.com
<b>Eligibility Criteria:</b>	Available for individuals with learning disabilities.
<b>Relevance:</b>	Kyle can benefit from this program if his conduct disorder is associated with a learning disability.

### Chilliwack Community Services Youth Programs

<b>Website link:</b>	<a href="https://www.comserv.bc.ca/programs/">https://www.comserv.bc.ca/programs/</a>
<b>Description:</b>	Provides a range of programs and services for youth aged 13-24, including mental health support, outreach services, and life skills training.
<b>Contact Info:</b>	604.792.4267, ccsinfo@comserv.bc.ca
<b>Eligibility Criteria:</b>	Available for youth aged 13-24.
<b>Relevance:</b>	Kyle can benefit from this program by accessing mental health support and life skills training.

## Chilliwack Child and Youth

<b>Website link:</b>	<a href="http://childandyouth.com/">http://childandyouth.com/</a>
<b>Description:</b>	A community-based organization that provides leadership and coordination for child and youth services in Chilliwack.
<b>Contact Info:</b>	604-845-2258
<b>Eligibility Criteria:</b>	Available for individuals and organizations interested in child and youth services in Chilliwack.
<b>Relevance:</b>	Kyle's parents can benefit from this program by connecting with local resources and services for their child.

## Peer Mentorship and Prosocial Involvement

### Big Brothers Big Sisters of the Fraser Valley

<b>Website link:</b>	<a href="https://fraservalley.bigbrothersbigsist...">https://fraservalley.bigbrothersbigsist...</a>
<b>Description:</b>	Offers mentoring programs for children and youth, aimed at building confidence, resilience, and positive relationships.
<b>Contact Info:</b>	604-852-3331, info.fraservalley@bigbrothersbigsist...ca
<b>Eligibility Criteria:</b>	Available for children and youth aged 7-14.
<b>Relevance:</b>	Kyle can benefit from this program by developing positive relationships and support networks through mentoring.

## Specialized Support Services

### Fraser Valley Brain Injury Association

<b>Website link:</b>	<a href="https://fvbia.org/">https://fvbia.org/</a>
<b>Description:</b>	Provides support and resources for individuals and families affected by brain injury, including education, support groups, and counselling services.
<b>Contact Info:</b>	604-557-1913, info@fvbia.org
<b>Eligibility Criteria:</b>	Available for individuals and families affected by brain injury.
<b>Relevance:</b>	Kyle can benefit from this program if his conduct disorder is a result of a brain injury.

## Chilliwack Restorative Justice and Youth Advocacy Association

<b>Website link:</b>	<a href="https://www.restoringjustice.ca/">https://www.restoringjustice.ca/</a>
<b>Description:</b>	Provides restorative justice services, including mediation and conflict resolution, to individuals and families affected by crime.
<b>Contact Info:</b>	604-393-3023, info@restoringjustice.ca
<b>Eligibility Criteria:</b>	Available for individuals and families affected by crime.
<b>Relevance:</b>	Kyle can benefit from this program if his conduct disorder has resulted in criminal behavior.

## The Connective Homeless Prevention Program

<b>Website link:</b>	<a href="https://connective.ca/region/fraser-valley/">https://connective.ca/region/fraser-valley/</a>
<b>Description:</b>	Connects people who are homeless or at risk of homelessness with supports needed to sustain stable housing. Offers assistance in securing safe and affordable housing, maintaining positive tenant and landlord relations, accessing rental subsidies, and connecting with community resources.
<b>Contact Info:</b>	604-872-5651
<b>Eligibility Criteria:</b>	Available for individuals affected by the justice system, women fleeing violence, youth at risk, Indigenous individuals, and individuals coming out of hospital or treatment centers. Referrals can be made through Chilliwack Probation, Parole Officers, or self-referral.
<b>Relevance:</b>	Kyle can benefit from this program if he is at risk of homelessness or needs support in maintaining stable housing due to his conduct disorder.

## Community Inclusion and Support Services

### Chilliwack Community Services (CCS)

<b>Website link:</b>	<a href="https://www.comserv.bc.ca/">https://www.comserv.bc.ca/</a>
<b>Contact Info:</b>	604-792-4267, ccsinfo@comserv.bc.ca
<b>Description:</b>	CCS is a non-profit organization that offers programs for people of all ages. They have programs that can help Kyle with things like school, making friends, and feeling good about himself.
<b>Relevance:</b>	Kyle can benefit from CCS by accessing their programs to help with his conduct disorder.